

PERU ELEMENTARY SCHOOL DISTRICT 124

BREAKFAST/LUNCH MENU

OCTOBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cereal Mini Loaf Fruit Juice Teriyaki Chicken Bites Carrot Sticks/ Ranch Cup Peaches	3 Apple Frudel Fruit Juice BBQ Rib on Bun Fries Baked Beans Sidekick Slushy	4 Sausage & Egg Taco Fruit Juice Lasagna Roll Up/Marinara Green Beans Orange Wedges	5 Strawberry Bagels Fruit Juice Hot Dog on Bun Cheddar Sun Chips Carrot & Celery Stick/Ranch Pears	6 NO SCHOOL
9 NO SCHOOL	10 Cereal Yogurt Fruit Juice Cheeseburger on Bun Spudsters Green Beans Peaches	11 Scrambled Eggs w/ Bacon Biscuit/Jelly Fruit Juice Pulled Pork on Bun Baked Beans Mandarin Oranges	12 Mini Powdered Donuts Fruit Juice Chicken Sticks Corn Mixed Fruit	13 Breakfast Pizza Fruit Juice French Bread Pizza Salad Pineapple
16 Mini Pancakes Fruit Juice Corn Dog Baked beans Tropical Fruit	17 Scrambled Eggs Sausage Link Fruit Juice Hamburger on Bun Green Beans Apricots Chocolate Chip Cookie	18 Cereal Biscuit/Jelly Fruit Juice Taco Salad Shredded Romaine Lettuce Salsa Peaches	19 Cherry Frudel Fruit Juice Orange Chicken Vegetable Fried Rice Vegetable Egg Roll Orange Wedges	20 Breakfast Pizza Fruit Juice Cheese Pizza Corn Mixed Fruit
23 Breakfast Slider Pizzas Fruit Juice Italian Chicken Breast Baked Beans Tropical Fruit	24 Mini French Toast Fruit Juice Popcorn Chicken Spudsters Carrot Sticks/ Ranch Pears	25 Chocolate Banana Bar Fruit Juice Breaded Pork Chop Patty/Bun Green Beans Apricots	26 Cereal Yogurt Fruit Juice Meatball Sub Sweet Potato Criss Cross Mixed Vegetables Grapes	27 Breakfast Pizza Fruit Juice Pepperoni Calzonettes Marinara Cup Salad Pineapple
30 Cereal Mini Loaf Fruit Juice Chicken Rings Sweet Potato Wedges Orange Wedges	31 Mini Waffles Fruit Juice 12:00 DISMISSAL	Nov 1 Sausage Egg Burrito Fruit Juice Creamed Chicken Bread Bowl Mixed Vegetables Pineapple Cookie	2 Banana Bread Fruit Juice Country Fried Steak Bites Mashed Potatoes/Gravy Baked Beans Apricots	3 Breakfast Pizza Fruit Juice Sausage Pizza Broccoli Ranch Cup Applesauce

MILK SERVED DAILY WITH BREAKFAST AND LUNCH—THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Parkside School

AlaCarte Price List

Hot & Cold Subs
\$2.00



Sandwiches, Wraps, Salads
Pretzels & Cheese, Nachos
\$1.75



PBJ, Side Salads
Soup, Lg. Water
\$1.00



Juice Box, Baked Chips, Bagels
Pickle, Sm. Water, Ice Cream
String Cheese, Fruit Parfait
Yogurt, Goldfish Crackers
\$.75



Fruit Snacks, Granola Bars
100% Fruit Juice Cups
\$.50



Alternative Hot Lunch Entree

Monday: Pizza Bosco

Tuesday: Chicken Rings

Wednesday: Bosco Sticks

Thursday: Mac & Cheese

Friday: Popcorn Chicken

Soups served seasonally
Chef's Choice Daily (October-February)